



STANDARD RATES
& FACILITIES

Ste. Anne's
STE. ANNE'S
A HALDIMAND HILLS SPA

Rates

Day Spa

If a hectic schedule doesn't allow you to take advantage of an overnight stay, consider our all-inclusive Day Spa packages. Not only will you be able to choose from the therapeutic and rejuvenating spa treatments, our day spa guests have full access to all of the extensive facilities. Relax in the hot tub, steam room, lounge areas, and the seasonal spring-fed swimming pool. Step up your health regime with your choice of wellness classes or enjoy the walking trails on over 400 acres of rolling countryside.

ALL-INCLUSIVE DAY SPA

- 3-course lunch
 - Afternoon tea
 - Use of Ste. Anne's signature robe
 - Reusable spa bag
 - \$120 wellness allowance
 - Complete use of the facilities
- \$175 - \$230 per person***

Spa Bundles - Do you need help deciding on the right spa services for you? Check out www.steannes.com/spa-services

Day Spa Terms & Conditions: All rates listed are per person, per day and are subject to applicable taxes and subject to change at any time. All prices are in Canadian dollars.

Overnight

Visiting a destination spa is all about relieving the symptoms of stress that have built up over time. Our overnight packages are all-inclusive and come with CAA four-diamond service and accommodation, thoughtfully prepared meals, pampering spa services and group wellness classes. While you're a guest with us you will have access to all of our facilities, including our popular eucalyptus steam room, hot tubs, fitness rooms and more. A two-night minimum stay is recommended at all times, and required for weekend stays.

ALL-INCLUSIVE OVERNIGHT GETAWAY

- Four-diamond accommodation
 - 4-course dinner
 - Breakfast
 - 3-course lunch
 - Afternoon tea
 - Use of Ste. Anne's signature robe
 - Reusable spa bag
 - \$120 wellness allowance
 - Complete use of the facilities
- \$299 - \$515 per person***

Overnight Terms and Conditions: All rates listed are per person, per night and are subject to applicable taxes and subject to change at any time. There is a two-night minimum on weekends. All prices are in Canadian dollars.

** Note: Rates vary according to room type, day of the week, season and occupancy. You will always receive the best pricing available when you book well in advance of your stay.*

Facilities

While you are a guest at Ste. Anne's Spa there are many facilities at your fingertips.

EUCALYPTUS STEAM ROOM

This amenity is infused with eucalyptus (pure essential oil) which can be helpful in relieving many respiratory symptoms. The eucalyptus is dispensed automatically. We do not recommend using the steam room if you are sensitive to heat for any reason (i.e. pregnancy, high/low blood pressure, etc.). The steam can get quite hot, so be careful.

SPA BOUTIQUE/AFTERCARE CENTER

Featuring Ste. Anne's own line of spa wear and herbal teas, the boutique also offers guests a comprehensive array of Ste. Anne's Skin Nourishment products, swimwear, active wear, lounge wear, robes, unique local gifts and much more — take the Ste. Anne's experience home with you.

MAISON SANTE FITNESS FACILITY

Located a short 15 minute walk north of the main building, Maison Santé is now equipped with elliptical machines, a recumbent bike, treadmills, rowing machine, weight training equipment such as Hoist pin-loaded weights and free weights, sauna, outdoor hot tub, big screen TV and an outdoor endless pool, which allows you to swim against smooth currents and also includes an underwater treadmill.

CHANGE ROOMS

Mens and ladies change rooms are available to day spa and overnight guests, featuring a steam room, hot tub, rain showers, washrooms and lockers where you can store your personal belongings.

FIELDSTONE GROTTO

Our outdoor hydrotherapy facility is located on the west side of the building beside the wellness pavillion. This is a year-round facility housing a hot tub, a plunge pool for cooling down after heating up in the hot tub, and a lap pool where you can swim against the current. Don't forget your bathing suit!

OUTDOOR SPRING WATER-FILLED POOL

This is a seasonal outdoor pool, filled with fresh spring water from the property. As the pool is seasonal, please check upon arrival with guest services to confirm whether or not it is currently open.

BAKERY

Ste. Anne's Spa Bakery specializes in freshly prepared baked goods including many gluten-free choices. Whether popping by during your visit or on the way back home, this cozy bakery and café features a wide selection of tarts, cookies, cakes, breads, jams, and chocolates made from products grown on site.

WALKING TRAILS (AVAILABLE YEAR-ROUND)

Ste. Anne's Spa is located on the northern end of a nearly 500 acre property that is rich in natural diversity and geography. Ask for a map from guest services and follow the marked trails. If weather permits, these trails are groomed for cross-country skiing and snowshoeing throughout the winter.

STE. ANNE'S FARMS

A relatively new addition to the Ste. Anne's Spa experience is Ste. Anne's Farms. It is home to several domestic horses and a number of beef steers. As a guest of Ste. Anne's Spa, we encourage you to enjoy the

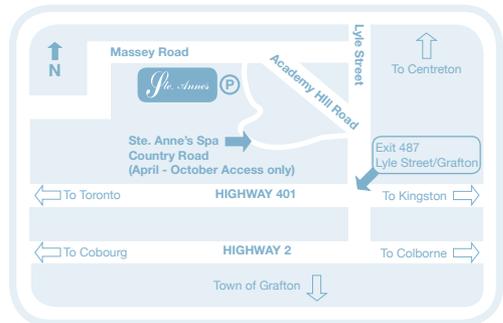
farm facility in whichever way best suits you. Call us or visit our website to enquire about Equine Experiences at the spa.

TREATMENT GAZEBOS

If it's warm enough, we recommend trying a treatment in our seasonal outdoor gazebos. Surrounding yourself with nature and listening to the birds singing, insects chirping and sound of the wind can be therapeutic in itself.



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Just 90 minutes east of Toronto