

Ste. Anne's Autumn Packages Arrive

Spa-Yah Sisterhood and Men Stay Free are back

**PRESS
RELEASE**

Grafton, Ont., - August 11, 2009 – Autumn's promotions and seasonal treatments have arrived at Ste. Anne's Spa. September's feature, 'Back To Spa' offers parents a refuge of relaxation following the rush of getting the children back to school; October's feature, 'Golden Oak' celebrates the turn of the season. Back by popular demand November's feature, 'Spa-Yah Sisterhood' and December's feature, 'Men Stay Free', offering grand savings for groups and couples. Details below:

SEPTEMBER - Back to Spa - from \$299 per person, per night

As summer ends and everyone is getting back to school and work, it's your time to get Back to Spa; escape to the country for a night or two, you'll be glad you did.

This September inspired spa package includes one night's CAA/AAA Four Diamond accommodation in a standard spa cottage, all meals including breakfast, a 3-course lunch, afternoon tea buffet and a 4-course dinner, a \$100 spa allowance, your choice of 1 group wellness class and complete use of the extensive facilities.

Receive a bonus \$50 spa voucher per person, per stay when you book the Back to Spa package for 2 consecutive nights.

Terms and Conditions: Valid Sunday-Thursday only from September 1-30, 2009. Rates are based on double occupancy and cannot be combined with any other promotion or special offer. Subject to availability.

OCTOBER - Golden Oak - from \$349 per person, per night

Autumn is the most vibrant time of year in the Northumberland Hills; drink in the first hints of spectacular fall colours; reds, yellows and oranges as you explore the 400 acre estate. Don't forget your camera; the warm hues of the stone castle set against the autumn canvas will present an enticing visual palette for you!

This autumn inspired spa package includes one night's standard CAA/AAA Four Diamond accommodation, all meals including breakfast, 3-course lunch, afternoon tea buffet and a 4-course dinner, a \$120 spa allowance, your choice of 1 group wellness class and complete use of the extensive facilities.

Terms and Conditions: Valid Sunday-Thursday only from October 1-29, 2009. Rates are based on double occupancy and cannot be combined with any other promotion or special offer. Subject to availability.

Ste. Anne's is one of a small group of Aveda destination spas in the world, offering a range of day spa and overnight experiences to spa goers for more than 17 years.

Ste. Anne's Spa is located 90 minutes east of Toronto, near Grafton, Ontario. To inquire about rates and availability, please call 1-888-346-6772.

NOVEMBER - Spa-Yah Sisterhood

from \$299 per person, per night, triple occupancy

from \$349 per person, per night, double occupancy

Inspired by Rebecca Well's uplifting novel, *Divine Secrets of the Ya-Ya Sisterhood*, this package invites women to Ste. Anne's Spa to celebrate their friendship! Most of us are lucky enough to have important women friends who listen to us, share secrets with us, and know us better than anyone; we shop together, laugh together, and talk endlessly. It's so important to celebrate these special relationships, which we are blessed to have. The Spa-Ya Sisterhood Package is a great opportunity to renew your kinship—you'll have so much fun going to treatments together!

This group inspired spa package includes one night's standard CAA/AAA Four Diamond accommodation, all meals including breakfast, a 3-course lunch, afternoon tea buffet and a 4-course dinner, a \$100 spa allowance, your choice of 1 group wellness class and complete use of the extensive facilities.

BONUS: Share your accommodation with at least 2 friends and your rate drops to \$299 per person, per night.

Terms and Conditions: Valid Sunday-Thursday only from November 1-30, 2009. Rates listed are based on double and triple occupancy and cannot be combined with any other promotion or special offer. Subject to availability.

DECEMBER - Men* Stay Free - from \$525 per couple, per night

Are you planning on coming to the spa during the month of December on your own? Imagine sharing your meals and your CAA/AAA Four Diamond accommodations with your "I'm not a spa-guy" husband, friend or partner. You might even convince them to experience their first spa treatment! Bring your "spa reticent" partner with you this December and their accommodations and meals will be absolutely FREE! Any spa treatments or group wellness classes that they may wish to try are à la carte.

This Spa Package includes one night's standard CAA/AAA Four Diamond accommodation, all meals including breakfast, a 3-course lunch, afternoon tea buffet and a 4-course dinner, a \$100 spa allowance, your choice of 1 group wellness class and complete use of the extensive facilities.

(Please note that for the purposes of this promotion the word Men applies to a man or woman. The rate is based on two people sharing a room at our single occupancy rate)*

Terms and conditions: Valid Sunday-Thursday only from December 1-23, 2009. Rates are based on double occupancy and cannot be combined with any other promotion or special offer. Subject to availability.

For more information, please contact:

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