

Ste. Anne's Launches Enticing Fall Packages

**PRESS
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Three Unique Spa Packages Offer Blissful Relaxation

Grafton, Ont., - September 8, 2008 – To usher in the fall season, Ste. Anne's Spa is introducing three new packages that promote well-being and invite guests to get the most out of this invigorating season. At this time of year, Ste. Anne's is at its most beautiful, with its crisp, cool nights and the dramatic colours that transform the landscape. It's the perfect setting in which to relax and unwind.

October's Return to Radiance package pampers the entire body. It features a luxurious Minerva Aqua Polish Treatment, which is a hydrotherapeutic massage featuring an exfoliation and a refining of the skin with Aveda Body Polish or Sea Salt Formulations. The treatment ends with a soothing Vichy shower. Afterwards, guests can enjoy a stress-releasing Scalp Rejuvenation, which uses Aveda balancing infusions to restore balance and beauty. This fall package, **from \$379 per person, per night**, keeps skin smooth and radiant once the summer months have faded away.

November is the perfect time for women to escape to Ste. Anne's with their girlfriends. The **Spa-Ya Sisterhood package, invites women to take a break from life's hectic routines and celebrate their friendship.** It's important for friends to enjoy some quality time—to laugh together, talk endlessly, and enjoy spa treatments together. This package, which includes \$100 worth of spa services, **costs \$299 per person per night for triple occupancy.** What a fun and decadent way to renew these important ties in a woman's life.

Finally, in the month of **December, the Men Stay Free package is back by popular demand.** Some men aren't in the habit of going to the spa and need a bit of convincing. If you are coming on your own to Ste. Anne's Spa during the month of December, your man can join you and he'll receive his accommodations and meals absolutely free! Any spa treatments or group fitness classes he may wish to try are a la carte. **Single occupancy packages from \$525, per night.**

All packages include one night's accommodation, delicious meals, afternoon tea, your choice of one wellness class, and complete use of the facilities. These special fall packages promote renewal of the mind and body and encourage guests to collect their thoughts and pamper themselves as they prepare for the coming winter.

Ste. Anne's is one of a small group of Aveda destination spas in the world, offering a range of day spa and overnight experiences to spa goers for more than 17 years.

Ste. Anne's Spa is located 90 minutes east of Toronto, near Grafton, Ontario. To inquire about rates and availability, please call 1-888-346-6772.

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