

STE. ANNE'S BAKERY

# PRODUCT CATALOGUE

*Spreading Gluten-Free Happiness*



STE. ANNE'S  
BAKERY





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## ABOUT US

Ste. Anne's Bakery is dedicated to delivering exceptional gluten-free baked goods that cater to diverse dietary needs while delighting the taste buds. Born from the renowned Ste. Anne's Spa, our bakery extends the spa's legacy of nourishment and quality into the realm of artisanal baking. What began as a way to provide spa guests with gluten-free delights has grown into a beloved bakery, cherished by both locals and visitors since 2013.

Located in Grafton, Ontario, Ste. Anne's Bakery is committed to gluten-free excellence. Our flavourful breads, delectable cakes, and wholesome scones, crafted without gluten, have captured the hearts of many. We use the finest ingredients, including those grown on our own grounds and sourced from local suppliers, ensuring the highest quality in every bite.

We are proud to offer a diverse range of gluten-free products, including artisanal breads, scones, vegan iced coconut creams, and frozen meals-to-go. Each item is meticulously crafted

with a focus on flavour and texture, making them a standout choice for your store's gluten-free section.

Our mission is to provide not just delicious treats, but a taste of the care and dedication that defines Ste. Anne's Bakery. By expanding our reach across the GTA and Ontario, we bring the wholesome, homegrown goodness of our bakery to a wider audience. Whether your customers are picking up a ready-to-go meal like our comforting lasagna or Shepherd's pie, or enjoying a leisurely coffee paired with our bespoke Tea Collection, every product reflects our commitment to making gluten-free living a joyous and delicious experience.

Our products are already available in over 100 stores, from Kingston to Niagara, and as far north as Barrie and Collingwood. We invite you to join us in offering your customers the exceptional quality and unique flavours of Ste. Anne's Bakery. Partner with us to bring a touch of artisanal excellence and wholesome goodness to your store's gluten-free offerings.



CERTIFIED GLUTEN-FREE



ARTISAN QUALITY



NATURAL INGREDIENTS



ONTARIO MADE



DAIRY-FREE OPTIONS



VEGAN OPTIONS

# BEST SELLERS



## GLUTEN-FREE BREAD

Our gluten-free breads come in five flavours: Five Seed, Almond Milk, Herb & Cheddar, Cinnamon Raisin and Vegan. Each loaf offers exceptional taste and texture, ideal for any occasion.



## TRADITIONAL GRANOLA

Sweetened with honey and baked to perfection, Ste. Anne's Granola is an iconic component of the Ste. Anne's experience. It is served around the inn and in the spa waiting rooms.



## ICED COCONUT CREAM

Our dairy-free, gluten-free iced coconut creams come in four flavours: Coconut, Chocolate, Blueberry Lavender, and Strawberry Rhubarb. Enjoy a cool, creamy treat with each bite.



## SCONES

Our gluten-free scones are available in two flavours: Cranberry Orange and Vegan Blueberry. Enjoy the perfect blend of taste and texture in every bite.



## FIVE SEED 680 g

This nutritious seed bread from Ste. Anne's bakery is packed with sunflower, sesame, chia, pumpkin and flax seeds. Enjoy it toasted in the morning or as a base for your favourite sandwich.



## ALMOND MILK 570 g

Almond and honey team up to create a soft and slightly sweet almond milk bread that is golden around the corners.



## HERB & CHEDDAR 680 g

Baked with lots of real cheddar cheese, this Ste. Anne's Bakery's cheesy bread makes for a great appetizer or a perfect side for a steaming bowl of homemade soup.



## VEGAN 680 g

Ste. Anne's bakery vegan bread is delicious and healthy, perfect for your toast or favourite sandwich.



## ALMOND CINNAMON RAISIN 570 g

Almond and honey, plus the delicious aroma of warm cinnamon and the sweetness of raisins come together to create Ste. Anne's bakery almond cinnamon raisin bread.



## BURGER BUNS 4 pack

Our gluten-free burger buns are soft, flavorful, and perfect for any sandwich or burger. Crafted to deliver excellent taste and texture, they are an ideal choice for those seeking a delicious gluten-free option.





**TRADITIONAL GRANOLA** 150 g bag | 250 g bag | 225 g jar | 450 g jar

Sweetened with honey and baked to perfection, Ste. Anne's Granola is an iconic component of the Ste. Anne's experience.



**CHOCOLATE RASPBERRY GRANOLA** 195 g | 380 g

We have taken our famous granola and added chocolate chunks and freeze-dried raspberries, offering a delicious twist on this classic favourite.



**STRAWBERRY RHUBARB JAM** 6 oz

Enjoy a sweet-tart twist with Ste. Anne's Strawberry Rhubarb Jam. Crafted in small batches, this gelatin-free jam balances juicy strawberries with tangy rhubarb for a bold, refreshing flavour.



**BLUEBERRY JAM** 6 oz

Bursting with juicy blueberries, this gelatin-free fruit spread is naturally soft and easy to spread. Enjoy it on warm toast, mixed into yogurt, or as a delicious topping for pancakes and waffles.



**SHORTBREAD COOKIES** 180 g

Perfect with tea or as a snack, Ste. Anne's shortbread cookies are buttery, delicate and melt-in-your-mouth delicious.



**CHOCOLATE NEVERMELT** 60 g

Our Nevermelt is made from freeze-dried, bite-sized pieces of our vegan Chocolate Iced Coconut Cream, offering a rich, creamy flavour in a crispy treat that won't melt away.



**COCONUT NEVERMELT** 60 g

Our Coconut Nevermelt features freeze-dried, bite-sized pieces of our original Coconut Iced Coconut Cream, delivering a light, creamy taste with a satisfying crunch.



**BLUEBERRY LAVENDER NEVERMELT** 60 g

Crafted from our Blueberry Lavender Iced Coconut Cream, this Nevermelt offers a fragrant blend of fruity and floral notes in a crisp, melt-free bite.



**TRADITIONAL BUTTER TARTS** 6 pack

A classic Canadian treat with a flaky shell and rich Ste. Anne's filling, perfect in its purest form.



**PECAN BUTTER TARTS** 6 pack

A Canadian favorite, made with a flaky shell, rich Ste. Anne's filling, and topped with crunchy pecans for an irresistible twist.



**ALMOND MILK CHOCOLATE** 80 g

A smooth and creamy milk chocolate bar filled with crunchy almonds for the perfect balance of sweetness and texture.



**STRAWBERRY RHUBARB NEVERMELT** 60 g

This Strawberry and Rhubarb Nevermelt is made from our Iced Coconut Cream and is freeze-dried to create a bright, tangy-sweet flavor that's crisp and refreshing.



**ASSORTED NEVERMELT** 60 g

A colourful mix of our Chocolate, Coconut, Blueberry Lavender, and Strawberry Rhubarb Nevermelts—perfect for sampling a variety of crisp, creamy flavours in one pack.



**STRAWBERRY JAM** 6 oz

Made in small batches with ripe strawberries, this gelatin-free fruit spread is naturally soft and perfectly sweet. Spread it on toast, swirl it into yogurt, or enjoy it with our fresh artisan breads for a classic breakfast treat.



**HAZELNUT DARK CHOCOLATE** 80 g

A deliciously nutty chocolate bar featuring roasted hazelnuts blended into velvety chocolate for a satisfying crunch in every bite.



**SEA SALT DARK CHOCOLATE** 80 g

A rich, handcrafted chocolate bar with a touch of sea salt to enhance its deep cocoa flavor, creating a satisfying sweet-and-salty experience.



**GRANOLA DARK CHOCOLATE** 80 g

A wholesome combination of rich chocolate and crunchy granola, making for a delightful treat with a bit of texture in every bite.



**ALMOND MARZIPAN COOKIES** 6 pcs

Soft, chewy and rich with almond flavour, our Almond Marzipan Cookie offers a delicate balance of sweetness and texture in every bite.



**CHOCOLATE CHIP COOKIES** 6 pcs

Crisp on the edges and soft in the centre, our frozen Chocolate Chip Cookie dough is ready to bake into rich, chocolate-studded treats—perfectly golden, every time.



**VANILLA CHEESECAKE** 6 pcs

Our cheesecake is rich and creamy, topped with a smooth, velvety texture that melts in your mouth.



**BEEF POT PIE** 250g

Our gluten-free frozen Beef Pot Pie is a comforting, hearty meal made with tender pieces of meat and fresh vegetables in a savoury sauce, all encased in a flaky, gluten-free crust.



**TROPICAL SORBET** 4 oz | 1 L

Ste. Anne's tropical sorbet combines the vibrant flavours of pineapple, mango and passionfruit with a hint of guava and citrus, offering a burst of sunshine in every refreshing bite.



**COCONUT ICED COCONUT CREAM** 4 oz | 1 L

Our coconut iced coconut cream is a treat featuring real shreds of coconut, delivering a deliciously tropical flavour experience.



**CARROT CAKE** 6 pcs

Our carrot cake is spiced, moist and topped with cream cheese icing.



**VEGAN BLUEBERRY SCONES** 6 pcs

Our vegan and gluten-free blueberry scones are bursting with juicy blueberries. Enjoy their soft, tender texture and rich flavour, perfect for any occasion.



**CRANBERRY ORANGE SCONES** 6 pcs

Our gluten-free cranberry orange scones are a delightful blend of tart cranberries and zesty orange, making them a favourite at Ste. Anne's Spa's afternoon tea.



**CHOCOLATE ICED COCONUT CREAM** 4 oz | 1 L

Our iced coconut cream base with dark cocoa is a dream for chocolate lovers, offering a perfect treat!



**BLUEBERRY LAVENDER ICED COCONUT CREAM** 4 oz | 1 L

Ste. Anne's blueberry lavender iced coconut cream blends the full flavour of blueberries with a subtle touch of lavender, creating a uniquely refreshing treat.



**STRAWBERRY RHUBARB ICED COCONUT CREAM** 4 oz | 1 L

A beloved treat at the inn, our strawberry rhubarb iced coconut cream features locally sourced strawberries and rhubarb harvested from our own property.



**LASAGNA** 1 kg

Our gluten-free lasagna features layers of noodles, savoury tomato herb sauce, seasoned ground beef and topped with mozzarella cheese, creating a hearty and satisfying dish.



**SHEPHERD'S PIE** 900 g

Our Shepherd's pie is ready to bake at home. It features a hearty blend of seasoned ground beef, mixed vegetables and creamy mashed potatoes, perfect for a comforting meal.



**CHICKEN POT PIE** 350g

Our individual-sized chicken pot pies are frozen and ready to cook at home, featuring tender chicken and vegetables in a savoury gravy, all encased in a flaky gluten-free pastry crust.





**BREAKFAST AT STE. ANNE'S** 75 g

Our tea masters version of a traditional Breakfast blend. Created with smooth Summit Level black teas from three top growing regions. A full body with depth and refined balance. Great on its own or with milk and sugar.



**DETOX GREEN TEA** 75 g

Ancient Asian wisdom combines the health benefits of green tea with the detoxifying properties of Kombucha and ginger. This tea is delightful and delivers an uplifting punch with a clean citrus finish.



**ENERGIZE ME** 75 g

Awesome and energizing Mate blend. Mate is loaded with antioxidants, vitamins and minerals. This tailored blend combines the sunny flavours of pineapple, citrus and mangosteen.



**SWEET SENSATION** 75 g

Finest Sencha green tea receives a spa treatment from a melange of fruits and spices. An aromatic, rich and satisfying experience.



**PURIFYING CRANBERRY** 75 g

Juicy and tart blend of healthy and cleansing fruit. The antibacterial properties of whole cranberries deliver additional benefits to this delicious and refreshing tea. Also great iced.



**WHITE HONEY FIG** 75 g

Simply delicious. Spring harvest white tea with sweet figs and pineapple chunks. Living healthy couldn't be any better. The best scented white tea we have ever seen. Also great iced.



**UNWIND** 75 g

Soothing and calming caffeine-free herbal with sweet orange, lemon and chamomile flavours. One of our favourite night time blends. Also great iced.



**FESTIVE CELEBRATIONS** 75 g

Candied almonds and apple flavours permeate the air when this sweet fruit tea is steeping. The flavours remind of Christmas markets and country fairs. Very low in acidity and absolutely delicious. Also great iced.



**RADIANT GLOW** 75 g

Green South African rooibos with fragrant lime, fresh peppermint and chunks of fig. Rooibos is a healthy powerhouse, loaded with antioxidants, vitamins and minerals. Great for the promotion of healthy skin, hair and the digestive system. Also great iced.



**COCONUTTY** 75 g

Instant vacation with the flavours of the Caribbean. Sip this delight by the pool at Ste. Anne's Spa and let yourself be swept away. Also great iced.



**PEPPERMINT** 50 g

Fresh and aromatic peppermint tea. Cool and uplifting, inhaling its vapours can ease nasal congestion from the common cold and can help aid in digestive health. Naturally calorie and caffeine-free.



**VANILLA ALMOND MATCHA LATTE** 175 g

Smooth and delicious Chai latte. Sit back and relax with this sweet and soothing delight either hot or blended with ice.



**OOLONG BOOST** 75 g

Oolong teas have been shown to increase metabolism and help with weight loss. We supercharged this blend by putting the lime in the coconout and making it one of our most delicious blends. Smooth and refreshing.



**GARDEN CHAI** 75 g

This aroma blast with fragrant spices and flowers is sure to tantalize the palate. Rich and smooth, enjoyed traditionally with milk but also works perfectly on its own.



**SILKY GREY** 75 g

The smoother cousin of the pretentious Earl. High-grown Ceylon black tea, infused with the oil of bergamot and finished with a hint of vanilla. This creamy delightful tea is our afternoon tea party favorite.



**DECADENT CHOCOLATE CHAI** 175 g

Hot chocolate for adults! Our delicious mix contains pure dark chocolate, spices and Matcha green tea for guilt-free sipping. Delicious hot or blended with ice.



**TURMERIC GINGER MATCHA LATTE** 175 g

The combination of three healthy powerhouses in a smooth and tasty package. Enjoy this amazing chai hot, blended with ice, or add some to a smoothie.



**TEA COLLECTION PAPER FILTERS** 100 per pack

Our paper filters are 100% biodegradable, compostable and the perfect companion for steeping our loose-leaf teas with ease and care for the environment.

# INGREDIENT LIST

## BREADS

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### FIVE SEED

Spring water, potato starch, olive oil, arrowroot starch, tapioca starch, egg whites, white rice flour, chick pea flour, honey, pumpkin seeds, sesame seeds, sunflower seeds, chia seeds, flax seeds, egg yolk, xanthan gum, yeast, kosher salt, white vinegar.

**Allergens:** *nightshades, seeds, egg*

### ALMOND MILK

Potato starch, extra virgin olive oil, egg whites, almond milk, tapioca starch, arrowroot starch, white rice flour, chick pea flour, honey, spring water, crushed almonds, egg yolk, xanthan gum, yeast, kosher salt, white vinegar.

**Allergens:** *nuts, egg, nightshades*

### HERB & CHEDDAR

Whole milk, brown rice flour, medium cheddar cheese, egg, corn starch, tapioca starch, sorghum flour, unsalted butter, chia seeds, skim milk powder, cane sugar, xanthan gum, Italian herb seasoning, yeast, kosher salt, agar agar.

**Allergens:** *egg, dairy*

### VEGAN

Spring water, brown rice flour, olive oil, sorghum flour, tapioca starch, arrowroot starch, yeast, xanthan gum, flax seed meal, cane sugar, kosher salt, agar agar.

### ALMOND CINNAMON RAISIN

Almond milk, potato starch, spring water, extra virgin olive oil, tapioca starch, arrowroot starch, egg whites, white rice flour, chick pea flour, honey, raisins, ground cinnamon, xanthan gum, yeast, kosher salt, white vinegar, egg yolk.

**Allergens:** *egg, nuts*

### BURGER BUNS

Almond milk, egg, potato starch, brown rice flour, tapioca starch, olive oil, ground almonds, flax seed meal, sesame seeds, apple cider vinegar, honey, xanthan gum, yeast, baking powder, kosher salt.

**Allergens:** *egg, seeds, nuts*

## GRANOLA & SWEET TREATS

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### TRADITIONAL GRANOLA

Pumpkin seeds, pecan pieces, sliced almonds, sunflower seeds, unsalted butter, honey, sesame seeds, shredded coconut, ground cinnamon, ground nutmeg.

**Allergens:** *seeds, nuts, dairy*

### CHOCOLATE RASPBERRY GRANOLA

Semi-sweet chocolate, pumpkin seeds, pecan pieces, sliced almonds, sunflower seeds, freeze-dried raspberries, unsalted butter, honey, sesame seeds, shredded coconut, ground cinnamon, ground nutmeg.

**Allergens:** *seeds, nuts, dairy*

### CHOCOLATE NEVERMELT

Coconut cream (coconut extract (75%), water, guar gum), coconut milk (coconut milk, water, guar gum, cellulose gum), cane sugar, cocoa powder, maple syrup, vanilla extract (water, sugar, propylene glycol, artificial vanillin flavour, caramel), xanthan gum, kosher salt.

### COCONUT NEVERMELT

Coconut cream (coconut extract (75%), water, guar gum), coconut milk (coconut milk, water, guar gum, cellulose gum), cane sugar, maple syrup, dried coconut, vanilla extract (water, sugar, propylene glycol, artificial vanillin flavour, caramel), xanthan gum, kosher salt.

### BLUEBERRY LAVENDER NEVERMELT

Coconut cream (coconut extract (75%), water, guar gum), coconut milk (coconut milk, water, guar gum, cellulose gum), blueberries, cane sugar, maple syrup, water, vanilla extract (water, sugar, propylene glycol, artificial vanillin flavour, caramel), lavender, xanthan gum, kosher salt.

### STRAWBERRY RHUBARB NEVERMELT

Coconut cream (coconut extract (75%), water, guar gum), coconut milk (coconut milk, water, guar gum, cellulose gum), cane sugar, strawberries, rhubarb, maple syrup, water, vanilla extract (water, sugar, propylene glycol, artificial vanillin flavour, caramel), xanthan gum, kosher salt.

### ASSORTED NEVERMELT

Coconut cream (coconut extract (75%), water, guar gum), coconut milk (coconut milk, water, guar gum, cellulose gum), blueberries, cane sugar, cocoa powder, strawberries, rhubarb, maple syrup, water, vanilla extract (water, sugar, propylene glycol, artificial vanillin flavour, caramel), lavender, kosher salt, xanthan gum, dried coconut.

### STRAWBERRY JAM

Strawberries, surgar, lemon juice.

### STRAWBERRY RHUBARB JAM

Strawberries, sugar, rhubarb, lemon juice.

### BLUEBERRY JAM

Blueberries, sugar, lemon juice.

### SHORTBREAD COOKIES

Butter, white rice flour, icing sugar, tapioca starch, arrowroot starch, corn starch, potato starch, egg, sorghum flour, egg yolk, vanilla extract, xanthan gum, kosher salt.

**Allergens:** *dairy, nightshades, eggs*

### TRADITIONAL BUTTER TARTS

Crust: shortening, spring water, white rice flour, chickpea flour, unsalted butter, tapioca starch, arrowroot starch, white cane sugar, egg yolk, kosher salt, white vinegar.

Filling: brown sugar, pure maple syrup, unsalted butter, eggs, vanilla extract, kosher salt, white vinegar.

**Allergens:** *dairy, eggs*

### PECAN BUTTER TARTS

Crust: shortening, spring water, white rice flour, chickpea flour, unsalted butter, tapioca starch, arrowroot starch, white cane sugar, egg yolk, kosher salt, white vinegar.

Filling: brown sugar, pure maple syrup, unsalted butter, eggs, vanilla extract, kosher salt, white vinegar, pecans.

**Allergens:** *dairy, eggs, nuts*

### ALMOND MILK CHOCOLATE BAR

Belgium milk chocolate (sugar, cocoa butter, whole milk powder, cocoa mass, soy lecithin, natural vanilla flavouring, cocoa), dry toasted almonds.

**Allergens:** *dairy, nuts*

### HAZELNUT DARK CHOCOLATE BAR

70% dark chocolate (unsweetened chocolate, sugar, cocoa butter, soy lecithin, natural vanilla flavour), dry roasted hazelnuts.

**Allergens:** *dairy, nuts*

### SEA SALT DARK CHOCOLATE BAR

70% dark chocolate (unsweetened chocolate, sugar, cocoa butter, soy lecithin, natural vanilla flavour), sea salt.

**Allergens:** *dairy*

### GRANOLA DARK CHOCOLATE BAR

70% dark chocolate (unsweetened chocolate, sugar, cocoa butter, soy lecithin, natural vanilla flavour), dry roasted granola (pumpkin seeds, pecans, almonds, sunflower seeds).

**Allergens:** *dairy, nuts, seeds*

## FROZEN ITEMS & ICE COCONUT CREAM

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### ALMOND MARZIPAN COOKIES

Sugars (white sugar), almonds, egg whites, almond flour, almond paste (almonds, sugar, water)

**Allergens:** *egg, nuts*

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## FROZEN ITEMS & ICE COCONUT CREAM CONT.

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### CHOCOLATE CHIP COOKIES

Sugars (brown sugar), dark chocolate chips, butter unsalted, white rice flour, eggs, potato starch, sorghum flour, tapioca starch, arrowroot starch, cornstarch, chickpea flour, xanthan gum, baking powder (cornstarch, sodium bicarbonate, sodium aluminium sulfate, monocalcium phosphate), baking soda, vanilla extract (water, sugar, propylene glycol, artificial vanillin flavour, caramel)

**Allergens:** *dairy, eggs*

### VANILLA CHEESECAKE

Sugars (white sugar), almonds, egg whites, almond flour, almond paste (almonds, sugar, water) cream cheese (milk, cheese cultures, salt, guar gum), sour cream (cultured cream), sugars (white sugar, brown sugar, honey), eggs, rice flour, vanilla extract (water, sugar, propylene glycol, artificial vanillin flavour, caramel), cornstarch, whole milk (milk, vitamin d3), butter unsalted, baking powder (cornstarch, sodium bicarbonate, sodium aluminium sulfate, monocalcium phosphate), kosher salt.

**Allergens:** *dairy, eggs*

### CARROT CAKE

Eggs, sugars (brown sugar, icing sugar (refined cane sugar, cornstarch)), butter unsalted, carrots, cream cheese (milk, cheese cultures, salt, guar gum), vegetable oil, potato starch, ground almonds, sorghum flour, chickpea flour, tapioca starch, arrowroot flour, cornstarch, vanilla extract (water, sugar, propylene glycol, artificial vanillin flavour, caramel), baking soda, kosher salt, baking powder (cornstarch, sodium bicarbonate, sodium aluminium sulfate, monocalcium phosphate), nutmeg, xanthan gum, cinnamon.

**Allergens:** *dairy, eggs, nuts*

### VEGAN BLUEBERRY SCONES

Almond milk (filtered water, almonds, calcium carbonate, sea salt, potassium citrate, sunflower lecithin, gellan gum, natural flavors, vitamin A palmitate, vitamin D2, natural beta carotene), sugar (cane sugar), potato starch, blueberries, margarine (palm oil, water, canola oil, canola lecithin, natural flavor, vitamin A palmitate, vitamin D2, natural beta carotene), white rice flour, tapioca starch, arrowroot starch, spring water, sorghum flour, gluten free baking powder, vanilla extract (water, cane sugar, propylene glycol, artificial vanilla flavor, caramel colour), flaxseed meal, xanthan gum, chickpea flour, kosher salt, baking soda.

**Allergens:** *nightshades*

### CRANBERRY ORANGE SCONES

Almond milk (filtered water, almonds, calcium carbonate, sea salt, potassium citrate, sunflower lecithin, gellan gum, natural flavors, vitamin A palmitate, vitamin D2, natural beta carotene), sugar (cane sugar), potato starch, blueberries, margarine (palm oil, water, canola oil, canola lecithin, natural flavor, vitamin A palmitate, vitamin D2, natural beta carotene), white rice flour, tapioca starch, arrowroot starch, spring water, sorghum flour, gluten free baking powder, vanilla extract (water, cane sugar, propylene glycol, artificial vanilla flavor, caramel colour), flaxseed meal, xanthan gum, chickpea flour, kosher salt, baking soda.

**Allergens:** *nightshades*

### LASAGNA

Lean ground beef, cheddar and mozzarella cheese blend (pasteurized milk, modified milk ingredients, bacterial culture, calcium chloride, microbial enzyme, cellulose, annatto, natamycin), brown rice lasagna noodles (organic brown rice, water), spring water, tomato paste (tomato, citric acid), diced tomato (tomato, tomato juice, salt, calcium chloride), green pepper, onion, white mushroom, celery, carrot, olive oil, black pepper, kosher salt, garlic powder, bay leaf, oregano.

**Allergens:** *dairy, nightshades*

### SHEPHERD’S PIE

Potatoes, lean ground beef, spring water, corn kernels, green peas, carrots, onions, olive oil, tapioca starch, beef concentrate (beef stock, maltodextrin, salt, sugar, yeast extract, beef fat, natural flavor, dimethylpolysiloxane), kosher salt, bay leaf, dried oregano, black pepper, cornstarch.

**Allergens:** *nightshades*

### CHICKEN POT PIE

Crust: garbanzo bean flour, white rice flour, tapioca starch, arrowroot starch, xanthan gum, kosher salt, butter, shortening, egg yolk, spring water, white sugar.

Filling: chicken breast, potato, onion, carrot, celery, chicken broth (water, concentrated chicken broth, salt, sugar, yeast extract, chicken fat, corn starch, natural flavour, citric acid), spring water, green peas, tapioca starch, butter, black pepper, olive oil, Italian seasoning (oregano, thyme, basil, rosemary), kosher salt.

**Allergens:** *nightshades, dairy, egg*

### BEEF POT PIE

Stew beef, shortening (modified palm oil, canola oil), water, chickpea flour, white rice flour, potato, mushrooms, onion, tapioca starch, arrowroot starch, butter unsalted, carrots, celery, sugars (white sugar), egg yolk, olive oil, kosher salt, concentrated beef stock (water, beef stock, sugars (maltodextrin, sugar), salt, yeast extract, onion powder, natural flavour, beef extract, beef fat, dimethylpolysiloxane, silicon dioxide), xantham gum, dijon mustard, garlic, black pepper, thyme, italian seasoning, bay leaf, paprika.

**Allergens:** *nightshades, dairy, egg*

### TROPICAL SORBET

Pineapple juice (pineapple juice, water, pineapple juice concentrate), orange juice, mangoes, cane sugar, citric & ascorbic acid, passionfruit, guava puree (guava, ascorbic acid), lemon juice, xanthan gum.

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### COCONUT ICED COCONUT CREAM

Coconut cream, coconut milk, organic cane sugar, pure maple syrup, desiccated coconut, vanilla extract, xanthan gum, kosher salt.

### CHOCOLATE ICED COCONUT CREAM

Coconut cream, coconut milk, organic cane sugar, pure maple syrup, 100% pure cocoa powder, vanilla extract, xanthan gum, kosher salt.

### BLUEBERRY LAVENDER ICED COCONUT CREAM

Coconut cream, coconut milk, cane sugar, blueberry compote, pure maple syrup, vanilla extract, xanthan gum, kosher salt, lavender.

### STRAWBERRY RHUBARB ICED COCONUT CREAM

Coconut cream, coconut milk, organic cane sugar, strawberries, rhubarb, spring water, pure maple syrup, vanilla extract, xanthan gum, kosher salt.

## TEAS

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### BREAKFAST AT STE. ANNE’S

Black tea.

### DETOX GREEN TEA

Green tea, dried Kombucha, ground ginseng, sunflower leaves, safflower petals, natural flavour.

### ENERGIZE ME

Green mate, candied pineapple, candied mango, mango peel, citrus peel, natural flavour, sunflower blossoms.

### UNWIND

Rosehip, citrus peel, chamomile blossoms, lemongrass, hibiscus blossoms, natural flavour, spearmint.

### FESTIVE CELEBRATIONS

Apple chunks, cinnamon, almonds, red beet, natural flavour.

### RADIANT GLOW

rooibos, apple bits, spearmint, peppermint, citrus peel, apple slices, citric acid, natural flavour, marigold petals.

### OOLONG BOOST

Oolong tea, coconut, white bean pods, apple pieces, lime leaves, lime zest, lemongrass flavour, safflower petals, natural flavour, marigold petals.

### GARDEN CHAI

Black tea, carob bits, cardamom, cinnamon, pepper, rose petals, brazil pepper, marigold petals, cornflower petals, natural flavour, safflower petals.

### SILKY GREY

Black tea, cornflower petals, apple pieces, pineapple pieces, safflower petals, natural flavour.

### SWEET SENSATION

green tea, apple chunks, almonds, citrus peel, coriander, pistachios, pink peppercorns, natural flavour.

### PURIFYING CRANBERRY

Apple chunks, hibiscus blossoms, candied cranberries, natural flavour.

### WHITE HONEY FIG

White tea, fig bits, apple chunks, candied pineapple, hibiscus blossoms, figs, almonds, red beet, rose buds, hibiscus, natural flavour.

### COCONUTTY

Apple bits, rosehip peel, hibiscus flowers, coconut chips, beetroot chips, pineapple chips, natural flavour, cornflower petals.

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**TEAS CONT.**

**PEPPERMINT**

Peppermint.

**VANILLA ALMOND MATCHA LATTE**

Raw sugar cane juice, Matcha, natural vanilla and almond flavour..

**DECADENT CHOCOLATE CHAI**

Grape sugar, pure dark chocolate, Matcha, cinnamon, cardamom, clove, nutmeg.

**TURMERIC GINGER MATCHA LATTE**

Raw sugar cane juice, Matcha, turmeric, ginger





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*Thank You!*